

### Resurrectional Apolytikion in the Fourth Mode

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

### Apolytikion for Hieromartyr Haralambos in the Fourth Mode

An unshaken pillar of the Church of Christ God art thou, an ever-resplendent lamp, O Haralampus most wise, which shineth through the earth; in martyric contest thou hast shined on the whole world, and thou hast dispelled the moonless night of the idols. Now boldly intercede thou with Christ that we may all be saved.

### Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### Seasonal Kontakion in the Second Mode

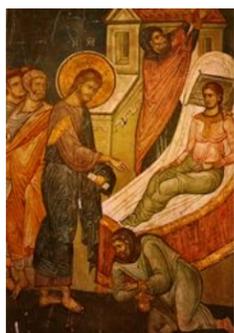
O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

### The reading is from St. Paul's Second Letter to Timothy 2:1-10.

Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything.

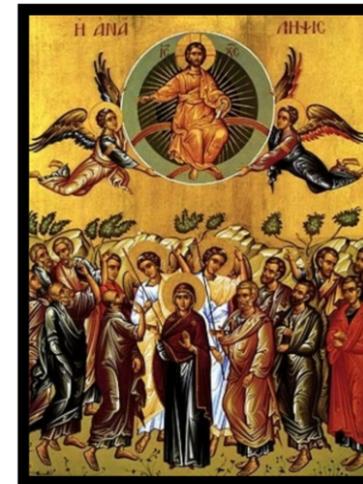
Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

### The Gospel of Matthew 15:21-28



At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her a word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

## Ascension of Our Lord Greek Orthodox Church



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## WEEKLY PARISH BULLETIN February 10 - 17, 2019

Welcome To Our Visitors

**WELCOME TO THE ASCENSION PARISH.** Your presence has brought us much joy. We hope your visit is memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

## Spiritual Reflection

*"Faith is the beginning of our union with God: the true believers are the stone of the church of God, prepared for the edifice of God the Father, which is raised up to the heights by the power of Jesus Christ, that is, by the Cross and help of the grace of the Holy Spirit. "Faith without works is dead" (James 2:26). The works of faith are love, peace, longsuffering, mercy, humility, bearing one's cross and life by the Spirit. True faith cannot remain without works. One who truly believes will also surely perform good works."*

**St. Seraphim of Sarov**

## Announcements

## Weekly Calendar

<b>Sunday</b>	<b>February 10</b>	<b>Sunday of the Canaanite</b>
8:15 a.m.	Orthros	<b>St. Haralambos</b>
9:15 a.m.	Sunday Church School	
9:30 a.m.	Divine Liturgy	
	Coffee Fellowship hosted by Parish Council	
11:30 a.m.	Philoptochos Meeting	
noon	SCS Teachers' Meeting	
<b>Monday</b>	<b>February 11</b>	
6 p.m.	Jr. GOYA	
7:30 p.m.	GOYA	
<b>Tuesday</b>	<b>February 12</b>	
4:45 p.m.	Greek School	
7 p.m.	Parish Council	
<b>Wednesday</b>	<b>February 13</b>	
10 a.m.	HOPE	
6:30 p.m.	Stewardship Committee Meeting	
<b>Thursday</b>	<b>February 14</b>	
6:15 p.m.	Greek School: Beginners/Advanced Beginners	
7:45 p.m.	Greek School Intermediate/Advanced	
<b>Friday</b>	<b>February 15</b>	
6:30 p.m.	Faith/Joy Ministry Meeting	
<b>Saturday</b>	<b>February 16</b>	
4:30 p.m.	Koinonia Men's Ministry Cooking Event at Tastebuds	
<b>Sunday</b>	<b>February 17</b>	<b>Sunday of the Publican and</b>
8:15 a.m.	Orthros	<b>Pharisee</b>
9:15 a.m.	Sunday Church School	
9:30 a.m.	Divine Liturgy	
	<i>Triodion Begins</i>	

+ **2019 STEWARDSHIP – All Things Are Possible to the One Who Believes in Christ!** Stewardship has been defined as faith in action. It provides us an avenue to humbly thank God for all the gifts he has given us by sharing these gifts to do God's work. Offering our time, talent, and treasures to support His churches truly demonstrates our belief because we are actively supporting God's work in helping those in need and teaching His Word. As we move ever closer to opening the doors to our new church, we need everyone at Ascension to answer the call of stewardship in whatever capacity each of us can. We're thankful for the 201 families that have pledged their time, talent and treasures to Ascension this year, but we need everyone's help. If you haven't yet, please complete the 2019 Stewardship card and submit it as soon as possible. Put your faith in action and help support Ascension in reaching new heights in 2019!

## Our Sunday Volunteers

**Prospora:** Anastasia Anton & Sophie Beris  
**Epistle Reader:** Frank Kazas  
**Greeters:** Mary & Tom Gough  
**Ushers:** Tom Kiriakos (UIC), Demetri Katsulis, Frank Kazas, Carol Stamas, Nick Marino, Chris Chatzidakis

## Prayer Requests for Health

**PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Eleni, George, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Dee, Helen, Sophia, Connie, Janet, Anthony, Fred, Katerini, James, Theresa, Peter, Anna, Ignacio, Alexander, Anthony

- + **PHILOPTOCHOS IS HOLDING ITS GENERAL MEETING** immediately after service today. We will update everyone on upcoming events and hear about the Women's Health Initiative from Carol Stamas while enjoying a healthy snack. Please join us!
- + **PLEASE SIGN-UP TO HOST COFFEE: WE ARE IN NEED OF COFFEE FELLOWSHIP HOSTS IN FEBRUARY, MARCH AND THROUGHOUT LENT:** Please consider hosting coffee fellowship with your family, or together with another family so that we can continue to spend time in fellowship with each other after we worship together. You may sign up via our website, or by calling the church office. Thank you for offering your love and commitment to this important ministry.
- + **MEN'S KOINONIA COOKING EVENT** - Get your aprons ready! We're going to a Cooking Class at Tastebuds in Bannockburn this Saturday, 2/16, from 4:30-6:30 p.m. \$65/person, in teams of 2. Spouses are welcome! Great fun and fellowship. Class size is limited, so act fast! Contact Demetri Katsulis for more info dtk111@comcast.net, or (847) 370-3719.
- + **RESCHEDULED TO FEBRUARY 20<sup>th</sup>: HEALTHY & SPIRITUAL KICK-OFF MEETING WITH DR. KYRIACOU:** ATTENTION ALL MEN OF ASCENSION (not just Koinonia Members): Join the Men's Ministry on Wednesday, February 20th at 6:30 p.m for a presentation by Dr. Demetrios Kyriacou entitled, *Cardiovascular Health Strategies – Keeping Your Numbers Low*. Dr. Kyriacou is Professor of Emergency Medicine and Preventive Medicine at the Northwestern. He will team up with Fr. Sotiri to present this important topic from the integrated perspective of physical and spiritual well-being. The meeting, which includes a heart-healthy dinner, takes place at LightSource Unlimited, Vernon Hills. Please RSVP to Demetri Katsulis (847) 370- 3719, dtk111@comcast.net
- + **SENIOR SYNAXIS WILL BE HOLDING ITS ANNUAL VALENTINE'S LUNCHEON** on Thursday, February 21<sup>st</sup> at 12 noon at PUB 83 in Long Grove. Please RSVP by this Friday, February 15 to Elaine Beck, 847.367.5227.
- + **PLEASE CALL IN YOUR RESERVATION FOR MISSION TEAM CHICAGO BENEFIT DINNER:** This year's benefit dinner takes place on Thursday, February 28<sup>th</sup> @ 6:30 p.m. at St. John the Baptist, Des Plaines. The keynote speaker will be Jesse Brandow, Orthodox Christian Mission Center (OCMC) Long-Term Missionary to Guatemala and Southern Mexico. All proceeds will go to support the work of OCMC in Guatemala, Southern Mexico and throughout the world. Suggested cost of admission is \$35 per person. **Ascension would like to fill a table for the event.** Contact the office at 847.482.1200 with your reservation.
- + **MAKE YOUR RESERVATION NOW FOR THIS YEAR'S APOKREATIKO GLENDI,** which takes place on Sunday, March 3, 2019, at the Concorde Banquets in Kildeer. In an effort to go green, Glendi invitation/reservation forms are available to download and print on the Philoptochos page of Ascension's website. Questions and reservations may be directed to Andrea Rogers at 847.682.4816, abrogers3@gmail.com. Philoptochos is also seeking donations for this year's Basket Venture. For more information, contact Faye Kopplin at 847.561.2324, koppfm@gmail.com. Please visit the Philoptochos reservation table after Liturgy.
- + **ASCENSION ORTHODOX CATECHISM CLASSES RESUME IN MARCH:** Ascension's Orthodox Catechism Class will resume in March at the church house on the following dates: March 2 @ 11:30 a.m. -1 p.m.; March 23<sup>rd</sup> from 10:30 a.m. – noon; April 13 from 10:30 a.m. - noon; Wednesday, May 8 from 6:30 p.m. – 8; and May 22 from 6:30 p.m.- 8. Fr. Sotiri is using the book, *Introducing the Orthodox Church* by Fr. Anthony Coniaris to supplement the course, which began in early October. Catechism classes are open to all who desire to learn about the faith or take a refresher "Orthodoxy 101" course. If you are interested in attending and haven't participated to date, please contact the church office for more information at 847.482.1200, or email suzannesaric@ascensiongoc.com.
- + **ORATORICAL FESTIVAL: ATTENTION 7<sup>th</sup> -12<sup>th</sup> GRADERS:** Don't miss the opportunity to show your God-given talents as a writer, speaker, artist and vocalist (new this year) by participating in the 2019 St. John Chrysostom Oratorical Festival. If you are in 7<sup>th</sup> – 12<sup>th</sup> grade, you are encouraged to participate in this program, which gives you the opportunity to reflect and deepen your faith leading into Great Lent. Please contact John Anton, our Parish coordinator, with questions at johnlanton@hotmail.com. All of the details, including this year's interesting topics, can be found on the Youth Pages of our website.
- + **SAVE THE DATE OF APRIL 6<sup>th</sup> FOR ASCENSION'S PILGRIMAGE TO ASSUMPTION CHURCH, HOMER GLEN, TO VENERATE THE MIRACULOUS ICON OF ST. JOHN THE BAPTIST:** To enrich our journey through Lent, Ascension will be holding a Paraklesis service to St. John the Baptist at Assumption Homer Glen on April 6, 2019. The Icon of St. John has been miraculously streaming myrrh at Assumption for several years. The Parish Family field trip will take place on Saturday, April 6 from 9 -3. Bus transportation will be provided from Lincolnshire and following the service, we will stop at a restaurant to enjoy fellowship and a Lenten lunch. Please save the date and stay tuned for all the details.