

Resurrectional Apolytikion in the Grave Mode

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

Apolytikion for Mary Magdalene in the First Mode

When Christ God had been born for our sakes from the Virgin, thou faithfully didst follow him, keeping His statutes and heeding His sacred laws, O august Mary Magdalene. Hence, as we today observe thy holy remembrance, we receive the loosing of our sins and transgressions through thy holy prayers for us.

Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

The reading is from St. Paul's First Letter to the Corinthians 1:10-17.

Brethren, I appeal to you by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

The Gospel of Matthew 14:14-22



At that time, Jesus saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to heaven, and blessed, and broke and gave the loaves to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then He made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

Ascension of Our Lord Greek Orthodox Church



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WEEKLY PARISH BULLETIN July 22 - 29, 2018

Welcome To Our Visitors

WELCOME TO THE ASCENSION PARISH. Your presence has brought us much joy. We hope your visit is memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

Spiritual Reflection

The miracle of the bread revealed the One through Whom the soil, when planted with seed, multiplies. What was done invisibly, once brought to light, proclaimed Who it is that always works invisibly. It was not only at that time that Jesus with five loaves does many great things. In the world He was not idle or inactive but was always at work feeding everyone and taking nothing for Himself. Because He was unknown, therefore, He came feeding, eating and feeding, so that through those things that are seen, He Who was unseen might appear."

Eusebius of Emesa

Weekly Calendar

Sunday **July 22** **8th Sunday of Matthew**
8:15 a.m. Orthros
9:30 a.m. Divine Liturgy
Coffee Fellowship hosted by David & Kathie Rutkowski

Sunday **July 29** **9th Sunday of Matthew**
8:15 a.m. Orthros
9:30 a.m. Divine Liturgy
Mid-Summer Social hosted by Koinonia Men's Ministry

Our Sunday Volunteers

Prospora: Anastasia Anton & Sophie Beris
Epistle Reader: Katherine Schreiber
Greeters: Julia Economy
Ushers: Peter Venetos (UIC), David Rutkowski, Kathie Rutkowski, Tom Kiriakos, Doug Hugdahl, Nick Marino, Bill Athenson

Prayer Requests for Health

PLEASE INCLUDE IN YOUR PERSONAL PRAYERS the servants of God: Eleni, George, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Dee, Helen, Sophia, Connie, Janet, Anthony, Fred, Katerini, James, Theresa, Peter, Anna, Don, Nace

Holy Communion Etiquette

- + If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers.
- + Prior to receiving Holy Communion, we will recite together the *Prayers Before Receiving Holy Communion* on page 61 in the Divine Liturgy book found near the candle stand by the entrance of the school. Following Holy Communion, it is customary for the faithful to silently recite the *Prayers of Thanksgiving*, on page 73.
- + In receiving Communion, you should place the cloth under your chin, recite your CHRISTIAN NAME, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.
- + Whether you are an Orthodox Christian or not, please come forward at the dismissal to receive the blessed bread which is offered to everyone who worships with us. May the blessings of Christ be with you.

Announcements

- + **WE EXTEND OUR WARMEST WELCOME** to Rev. Fr. Kosmas Kallis who is celebrating the Divine Liturgy with us today. May God grant you many years.
- + **NEXT WEEK: THE 3rd ANNUAL MID-SUMMER SOCIAL, July 29th!** Please join Ascension families next week after Liturgy for lunch and ice cream at our annual mid-summer social. Sponsored by Koinonia Men's Ministry, this gathering gives the families and youth in our Parish the opportunity to catch up with each other during the summer! We hope to see you there!
- + **GOYA DOWNTOWN TRIP JULY 31!** GOYA will be spending the day downtown together on Tuesday, July 31st for fun and fellowship! Details and permissions slips are available for everyone interested in attending. The day will begin mid morning and go through the early evening. This trip has been a tradition and we are so happy to be bringing it back! If you are in high school, please join us! For more information, contact Carol Stamas (cestamas@comcast.net).
- + **FAST OF THEOTOKOS** begins on August 1st and ends with the Feast of the Dormition on August 15th. Please see the insert for the service schedule. Services will be held at the house chapel located at 1221 N. Riverwoods Rd., just south of our church construction project. Please note: parking is available in the gravel lot area that is located between the house and the church and is surrounded by white fencing. For easy access, please park in the lot in lieu of the long driveway in front of the house.
- + **ANNOUNCING THE 2018/19 SUNDAY CHURCH SCHOOL PROGRAM!** Exciting plans for the 2018/19 Sunday Church School program are already underway and registration is now open online at the SCS ministry tab on our website at www.ascensiongoc.com. The first day of SCS is Sunday, September 9, 2018, and parishioners can look forward to new and enriching elements to this year's program. Register now!
- + **ANNOUNCING ASCENSION OF OUR LORD FIRST ANNUAL MEN'S MINISTRY RETREAT!!** Hosted by Koinonia Men's Ministry, this event is open to all men of Ascension. The theme of the retreat is *Becoming Better Husbands, Fathers, Brothers and Friends*, and our featured speakers will be Fr. Sotirios and Fr. Grenaias. Please join us on Saturday, September 15th at 8 a.m. - 4 at the St. Iakovos Retreat Center, Kansasville, WI. Cost, which includes breakfast and lunch, is \$50. Please RSVP by September 9th, or, register by August 10th to receive the early bird rate of \$40. For more information, contact David Rutkowski at 847-650-0559; or, stop by the registration table after Church.
- + **REGISTRATION NOW OPEN FOR ASCENSION'S YOUTH AND ADULT GREEK SCHOOL PROGRAMS** Visit the Greek School webpage on our website for more information and to register for the 2018/19 Greek School program. Registration will take place online this year. Also new for this upcoming school year: a new series of books will be used with access to a digital platform for children to practice and learn at both school and home! Informational open houses will take place for both the Youth and Adult Greek School the first week of September, with classes beginning the week of September 10th. We encourage you to register as soon as possible to secure enrollment so we can adequately prepare for classes prior to the first day. Payment details are set forth in the registration material. For more information, visit the website or call the church office. Thank you!
- + **PHILOPTOCHOS WOULD LIKE TO EXTEND A THANK YOU** to the many generous donors who provided lunch last week for the campers and buddies at Camp Hope, a summer camp for children with disabilities. We loved doing the cooking, and the campers loved doing the eating - a perfect combination.
- + **REGISTRATION JUST OPENED FOR THE LABOR DAY WEEKEND CHICAGO FAMILY SYNAXIS RETREAT:** This year's retreat is entitled "The Vocation of Parenthood" and features Dr. Philip Mamalakis, Assistant Professor of Pastoral Care at Holy Cross Greek Orthodox School of Theology and father of 7! Sponsored by the Metropolis of Chicago, the retreat takes place August 31 – September 2 at the St. Iakovos Retreat Center and will offer "a great way to reconnect with your family and connect your family with God." Find more information and register online at: <https://sites.google.com/view/chicagofamilysynaxis/2018-labor-day-weekend-retreat>
- + **UPCOMING GREEK FESTIVALS: Support our local Metropolis Churches and celebrate summer Greek-style!**
July 20 – 22: Assumption, Homer Glen
July 21 – 22: SS. Peter & Paul, Glenview
July 27 – 29: St. Demetrios, Chicago