

### Resurrectional Apolytikion in the Plagal Fourth Mode

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

### Apolytikion for Conception of the Forerunner in the Fourth Mode

Rejoice, O thou barren one who hadst not borne until now; for lo, in all truth thou hast conceived the lamp of the Sun, and he shall send forth his light over all the earth, which is afflicted with blindness. Dance, O Zacharias, and cry out with great boldness: The one to be born is the blest Prophet of God Most High.

### Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

### The reading is from St. Paul's Letter to the Galatians 4:22-27.

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married."

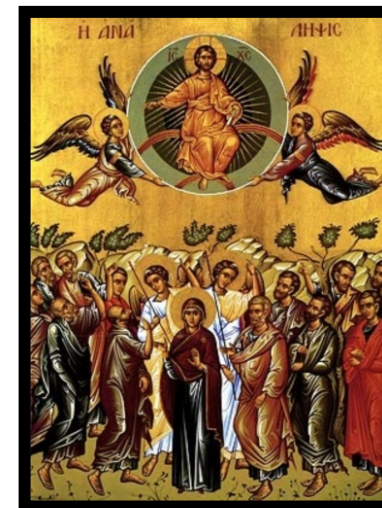
### The Gospel of Luke 5:1-11



At that time, as Jesus was standing by the lake of Gennesaret, He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, He asked him to put out a little from the land. And He sat down and taught the people from the boat. And when He had ceased speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of

fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

## Ascension of Our Lord Greek Orthodox Church



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## WEEKLY PARISH BULLETIN September 23 - 30, 2018

### Welcome To Our Visitors

**WELCOME TO THE ASCENSION PARISH.** Your presence has brought us much joy. We hope your visit is memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

### Spiritual Reflection

*"Humble yourself and confess from now on, because confession involves holy humility, without which nobody can be saved. It's a great joy for the devil if he can persuade people to hide their diabolical thoughts because then he'll succeed in his carefully-planned aim of harming our soul."*

**Eldre Efraim Filotheitis**

## Weekly Calendar

<b>Sunday</b>	<b>September 23</b>	<b>1<sup>st</sup> Sunday of Luke</b>
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School	
9:30 a.m.	Divine Liturgy Coffee Fellowship hosted by Sal & Briana Cardone Girls' Chanting Practice Altar Boy Workshop	
<b>Monday</b>	<b>September 24</b>	
7:30 p.m.	GOYA	
<b>Tuesday</b>	<b>September 25</b>	
4:45 p.m.	Greek School, Daniel Wright Middle School	
6:45 p.m.	Greek School Curriculum Night, Cafeteria of Daniel Wright Middle School	
<b>Wednesday</b>	<b>September 26</b>	<b>Falling Asleep of St. John the Theologian</b>
8 a.m.	Orthros	
9 a.m.	Divine Liturgy	
10 a.m.	HOPE	
<b>Thursday</b>	<b>September 27</b>	
6:15 p.m.	Greek School: Beginners/Advanced Beginners	
7:45 p.m.	Greek School Intermediate/Advanced	
<b>Friday</b>	<b>September 28</b>	
7 p.m.	Marriage Ministry @ 1221 Riverwoods House	
<b>Saturday</b>	<b>September 29</b>	
8 a.m.	Walk the Walk for IOCC, St. Andrew, Chicago	
11 a.m.	Baptism: Lukas, Son of Thomas and Stephanie Turner. <i>Sponsor: Andrew Kopplin</i>	
<b>Sunday</b>	<b>September 30</b>	<b>2<sup>nd</sup> Sunday of Luke</b>
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School	
9:30 a.m.	Divine Liturgy Philoptochos POP Breast Cancer Walk	

## Our Sunday Volunteers

**Prophora:** Elaine Stevens & Iliana Radaios

**Epistle Reader:** Caity Anast

**Greeter:** Iliana Anthimiades

**Ushers:** Nick Marino (UIC), Doug Hugdahl, Peter Venetos, Demetri Katsulis, Diane Sigalos, David Rutkowski, Kathie Rutkowski, Steve Sintetas

## Prayer Requests for Health

**PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Eleni, George, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Dee, Helen, Sophia, Connie, Janet, Anthony, Fred, Katerini, James, Theresa, Peter, Anna, Ignacio

## Announcements

+ **STEWARDSHIP 2018:** The month of September marks the beginning of a new Ecclesiastical year and the start of our vibrant ministry programs! As a parish, we are blessed to have so many ministries that serve parishioners of all ages, our neighbors & communities, and people in need throughout the world. Our stewardship of time, talent, and treasure makes all our ministries possible. To date, the total pledged for Ascension in 2018 is \$354,009 by 291 families. If you haven't pledged your Stewardship for 2018, or if you have pledged but have yet to fulfill your financial or time/talent commitment - the time is now! Please ask a Parish Council member how you can get involved. You can also find pledge cards near the candle stand.

+ **ATTENTION LITTLE ONES AND MOMS/YIAYIAS/DADS/PAPOUS!** Ascension's HOPE ministry gets underway this Wednesday, Sept. 26th from 10 -11 a.m. and it promises to be another fulfilling year! This growing ministry is for children, ages 40 days - 3 years old, and their parents and/or grandparents, and it's a wonderful way to get your child acquainted with the life of the church from a young age. Please join us at the home Ascension rented just south of the church (1221 N. Riverwoods) for prayer, lesson and playtime! Our theme this year is *Lives of the Saints*. Contact Presvytera with any questions at presstefanie@yahoo.com.

+ **JOIN US AT OUR NEXT MARRIAGE MINISTRY MEETING THIS FRIDAY, SEPTEMBER 28th** at the church house, (1221 Riverwoods Rd.). Fr. Sotiri will lead a spiritual discussion on the vital roles we each play in our marriages. The Marriage Ministry is open to everyone and we look forward to a dynamic program this new Ecclesiastical year. Please contact Loukas Jonson at LoukasJonson@gmail.com with questions.

+ **THERE'S STILL TIME TO REGISTER FOR SUNDAY CHURCH SCHOOL** If you haven't registered your child(ren) yet, please do so as soon as possible on the website. The calendar is available on-line. Open House takes place next Sunday, September 30th! Pre-K - 3<sup>rd</sup> grade parents accompany their children to the classroom from 9:15 - 9:45 a.m.; and, 4th-8th grade parents attend Open House immediately following Holy Communion. Please direct any questions to your child(ren)'s teacher or Katherine Schreiber (katherineschreiber6@gmail.com). We look forward to seeing you there!

+ **IOCC WALK THE WALK:** The 12<sup>th</sup> annual 5K Walk/Run to support IOCC's global humanitarian relief programs will take place on Saturday, September 29<sup>th</sup> at St. Andrew Greek Orthodox Church in Chicago. For more information and to register, visit: <http://support.iocc.org/site/Calendar?id=100523&view=Detail>, or email Carol Stamas at cestamas@comcast.net

+ **TEAM POP (Power of Philoptochos) 2018 HEEL TO HEAL!** Ascension Philoptochos will once again walk for the American Cancer Society's "Making Strides Against Breast Cancer" next Sunday, September 30th. Stop by our table after church for more information and to sign up to walk in honor of -- or in memory of -- a loved one.

+ **ANNOUNCING ASCENSION ORTHODOX CATECHISM CLASSES:** Fr. Sotiri will be offering an Orthodox Catechism Class beginning in early October for all who desire to learn about the faith or take a refresher "Orthodoxy 101" course. Approximately 10 sessions will be held throughout the coming year at the 1221 Riverwoods house with the first 4 meetings taking place: October 6 @ 10 am | Oct. 17 @ 6:30 pm | Nov. 17 @ 10:30 am | December 12 @ 6:30 p.m. Each class will last an hour and a half and will build on the one prior to it so participants are encouraged to make a commitment to the entire program. If you are interested, please contact the church office at 847.482.1200, or email suzannesaric@ascensiongoc.com by Oct. 1.

+ **WHAT DOES IT MEAN TO BE HUMAN:** On Saturday, October 6<sup>th</sup> from 9:30 a.m. to 12:30 p.m., a panel of leading Eastern Orthodox theologians and ethicists will gather to discuss the mystery of the human person formed in the image of God, and contemporary challenges facing the Church. The session will take place at the Anderson Chapel at North Park University, 3225 W. Foster Ave., Chicago. Ascension parishioners have had the blessing meeting one of the speakers, Dr. Perry Hamalis, when he addressed our parish in the past.

+ **SCHOLARSHIP OPPORTUNITIES AVAILABLE TO UNIVERSITY STUDENTS OF HELLENIC DESCENT** through the Hellenic Link-Midwest Board (applications due October 15, 2018). Scholarships are \$2,000 or more and applicants must have completed one year of college. For more information on available scholarship programs, visit Ascension's website and click on the Orthodox Christian Fellowship link within the Ministry section.

## Holy Communion Etiquette

+ If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers..

+ Prior to receiving Holy Communion, we will recite together the *Prayers Before Receiving Holy Communion* on page 61 in the Divine Liturgy book found near the candle stand by the entrance of the school. Following Holy Communion, it is customary for the faithful to silently recite the *Prayers of Thanksgiving*, on page 73.

+ In receiving Communion, you should place the cloth under your chin, recite your CHRISTIAN NAME, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.

+ Whether you are an Orthodox Christian or not, please come forward at the dismissal to receive the blessed bread which is offered to everyone who worships with us. May the blessings of Christ be with you.