

### Resurrectional Apolytikion in the Plagal Fourth Mode

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

### Apolytikion for Afterfeast of the Dormition in the First Mode

In giving birth, thou didst preserve thy virginity; in thy dormition, thou didst not forsake the world, O Theotokos. Thou wast translated unto life, since thou art the Mother of Life; and by thine intercessions dost thou redeem our souls from death.

### Memorial Hymn

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

### Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### Seasonal Kontakion in the Second Mode

Neither the grave nor death could contain the Theotokos, the unshakable hope, ever vigilant in intercession and protection. As Mother of life, He who dwelt in the ever-virginal womb transposed her to life.

### The reading is from St. Paul's First Letter to the Corinthians 3:9-17.

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can any one lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw - each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If any one destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are.

### The Gospel of Matthew 14:22-34



At that time, Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up into the hills by Himself to pray. When evening came, He was there alone, but the boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the disciples saw Him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying "Take heart, it is I; have no fear."

And Peter answered Him, "Lord, if it is you, bid me come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?"

And when they entered the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly you are the Son of God." And when they had crossed over, they came to land at Gennesaret.

+ OUT OF RESPECT FOR THE ICONS PRINTED ON THE BULLETIN, PLEASE RECYCLE RATHER THAN DISCARD IN THE GARBAGE +

## Ascension of Our Lord Greek Orthodox Church



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## WEEKLY PARISH BULLETIN

### August 18 - 25, 2019

## Welcome To Our Visitors

**WELCOME TO THE ASCENSION PARISH.** Your presence has brought us much joy. We hope your visit is memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

## Spiritual Reflection

*"The principle and source of the virtues is a good disposition of the will, that is to say, an aspiration for goodness and beauty. God is the source and ground of all supernal goodness. Thus the principle of goodness and beauty is faith or, rather, it is Christ, the rock of faith, who is principle and foundation of all virtues. On this rock we stand and on this foundation we build every good thing" (cf. 1 Cor. 3:11).*

## Weekly Calendar

<b>Sunday</b>	<b>August 18</b>	<b>9<sup>th</sup> Sunday of Matthew</b>
8:15 a.m.	Orthros	
9:30 a.m.	Divine Liturgy	Memorial for Theodore Kazeos (10 yrs); Dorothy (Theodora) Kazeos (10 yrs) Coffee Fellowship hosted by Nick & Arianna Stevens
11 a.m.	SCS Teachers' Meeting	
<b>Tuesday</b>	<b>August 20</b>	
7 p.m.	Parish Council Meeting	
<b>Wednesday</b>	<b>August 21</b>	
6:30 p.m.	Philoptochos Board Meeting	
<b>Thursday</b>	<b>August 22</b>	
10 a.m.	Fr. serves Liturgy at the Greek American Rehab Center	
Noon	Senior Synaxis Picnic, Childerly Park, Wheeling	
<b>Saturday</b>	<b>August 24</b>	
11 a.m.	Baptism: Nicholas & Zoe, Son & Daughter of Nicholas & Christina Gazos <i>Sponsors: George &amp; Irene Gazos</i>	
4 p.m.	Girls' Chanting Practice	
5 p.m.	Vespers	
<b>Sunday</b>	<b>August 25</b>	<b>10<sup>th</sup> Sunday of Matthew</b>
8:15 a.m.	Orthros	
9:30 a.m.	Divine Liturgy	

+ **IT'S MINISTRY MANIA NEXT SUNDAY AT ASCENSION!** Please join us in the fellowship hall next Sunday following Liturgy to learn more about the vibrant youth and adult ministries that are at the heart of our parish life! Stop by to meet and mingle with ministry reps; pick-up information about upcoming events; get a preview of each ministry's calendar for the upcoming Ecclesiastical year; and, register on-site for our youth ministries. There is no better time to get involved in the flourishing and energetic life of our parish. Join the momentum!

+ **ONLINE REGISTRATION NOW OPEN FOR ALL OF ASCENSION'S YOUTH MINISTRIES** Visit the ministry tab on our website at [www.ascensiongoc.com](http://www.ascensiongoc.com), or call the office for more information. **NEW THIS YEAR:** You can register and pay online! See the box to the left for ministry start dates. We encourage you to register as soon as possible for Sunday Church School and Greek School to secure enrollment so we can adequately prepare for classes prior to the first day.

+ **SUNDAY CHURCH SCHOOL OPPORTUNITY:** We are preparing for our 2019-2020 Sunday Church School year and are looking for teachers and assistants. Please contact Fr. Sotiri or Katherine Schreiber if you're interested in helping.

+ **LCOAL GREEK FESTIVALS WRAP UP SOON:** Support our local Metropolis Churches! August 16 – 18: SS Constantine & Helen, Palos Hills ; September 6 – 8: All Saints, Joliet

+ **RSVPs BEING TAKEN FOR CHILDREN'S MEDICAL FUND LUNCHEON:** Do not forget to make your reservation for the *Children's Medical Fund Luncheon* taking place on Saturday, **November 16, 2019** at the Chicago Marriott Hotel. The Metropolis of Chicago Philoptochos is honored to be hosting this worthwhile event in support of children in need. For reservations, please contact Anna Duros at [annaduros@gmail.com](mailto:annaduros@gmail.com) or 847-370-2662.

## Our Sunday Volunteers

**Prospora:** Maria Karalis and Mary Kakavas

**Epistle Reader:** Jim Anast

**Ushers:** Bill Athenson (UIC), Nick Marino, Doug Hugdahl, Frank Kazas, Demetri Katsulis, Diane Sigalos, Mike Sutherland, Chris Chatzidakis

## Prayer Requests for Health

**PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Eleni, George, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Dee, Helen, Sophia, Connie, Fred, Katerini, James, Theresa, Peter, Anna, Ignacio, Alexander, Anthony, Matina, Panagiotis, Evangelos, Paraschos, Stefanos, Chris

### MINISTRY START DATES!

Sunday Church School: 9/8

Men's Ministry: 9/8

Jr. GOYA: 9/9

GOYA: 9/9

Greek School: 9/10

Philoptochos: 9/12

Encounter the Word: 9/18

HOPE: 9/18

Adult Greek School: 9/19

FAITH/JOY: 9/20

Marriage Ministry: 9/20

Ascending in Orthodoxy: 9/23

Senior Synaxis: 9/26

Ongoing:

Stewardship

Acolytes

Orthodox Campus Fellowship

## Announcements

+ **THE FEAST DAY OF ST. PHANOURIOS FALLS ON TUESDAY, AUGUST 27.** In honor of this popular Feast Day, we will be blessing Phanouropita following Divine Liturgy next Sunday, August 25. If you or your families keep the tradition of baking a loaf of sweet bread in memory of St. Phanourios and his mother, please bring it to church next Sunday and hand it to an usher who will place it on the altar for blessing following services.

+ **SIGN UP TO PLAY IN THE 2019 ASCENSION GOLF OUTING!** The Koinonia Men's Ministry will be hosting the 20th Anniversary Ascension Golf Outing and Family Dinner on Thursday, September 19<sup>th</sup>, at the Chevy Chase Golf Course. Please plan to join us for this great day of fellowship and help make our 20th Anniversary Golf Outing a success! Several new sponsorship opportunities are available this year. The net proceeds of this year's event will go to help fund a classroom in our new building. Please register and pay directly on the Koinonia's Men's Ministry Golf web page on Ascension's website; or visit the Koinonia Golf Outing Table during coffee fellowship today!

+ **PHILOPTOCHOS INVITES EVERYONE TO THIS YEAR'S KICK-OFF MEETING ON Thursday, September 12<sup>th</sup>, 6:30 pm** at Church in our Fellowship Hall. The new Ecclesiastical year is upon us and the realization of the dream to be in our new church has finally become a reality. It's time now to make our new church *feel* like home, which is why we've selected "*Reach for the Stars*" as this year's theme. The possibilities are endless so bring your energy and enthusiasm and join this dynamic group of women at this year's kick-off meeting. Membership forms and this year's calendar are posted on the Ascension Philoptochos web page and will also be emailed. Please RSVP to Andrea Rogers at [ascensionphilo@gmail.com](mailto:ascensionphilo@gmail.com) or call at 847-682-4816.

Additionally, please support "**Operation Classroom**", a National Philoptochos initiative designed to offer assistance to teachers and students in underfunded communities. We are collecting new school supplies for Lake County Schools needing help. Supply requests include pencils (#2 and colored), tissues, hand sanitizer, vinyl folders, wide-ruled spiral notebooks, yellow highlighters, glue sticks, crayons, markers, sticky notes, dry erase markers, pink erasers and disinfecting wipes. Please bring the items to the church or to our kickoff meeting on September 12th. Contact Faye Kopplin at [koppfm@gmail.com](mailto:koppfm@gmail.com) or 847-561-2324 with any questions.

+ **OUR ANNUAL POP 'MAKING STRIDES AGAINST BREAST CANCER'** walk is scheduled for September 29th at Underwriter Labs in Northbrook. We will again be walking with our sister parish, Sts. Peter and Paul, in support of those who continue the fight and to remember loved ones lost. Registration information can be found on our website or at the 9/12 Philoptochos kick-off meeting. For more information, please contact Marcia Moore at [marcia.moore1780@gmail.com](mailto:marcia.moore1780@gmail.com).

+ **ADD SOME SWEETNESS TO THE PARISH FAMILY PICNIC!** The Men's Koinonia ministry is hosting the annual **Parish Family Picnic** on Sunday, **September 8** and have asked that baked goods be provided for the dessert table. If possible, please bake nut-free, individually wrapped desserts and bring them to church before liturgy on 9/8. Please let Kathie Rutkowski [kittyrut@sbcglobal.net](mailto:kittyrut@sbcglobal.net) or 847-421-8267) know if you will be able to help. Thank you in advance!

+ **ASCENDING IN ORTHODOXY WOMEN'S BIBLE STUDY MINISTRY RETURNS THIS FALL!** Created in 2018, this new ministry hones in on the study of Scriptures and was very well attended last year. During the 2019/20 Ecclesiastical year, the ministry will again be studying the Gospel of Matthew. With the exception of the first meeting, which will take place on Monday, September 23rd, sessions will meet on Thursday mornings at 10:30 a.m. at the church. We have the privilege of having Helen Theodoropoulos, PhD, MA (Doctor of Theology from University of Chicago and Masters from Holy Cross Greek Orthodox School of Theology) lead our discussions again! Please see the website for this year's schedule and contact Marcia Moore ([marcia.moore1780@gmail.com](mailto:marcia.moore1780@gmail.com)) for more information. No preparation for the class is required and everyone is welcome!

+ **ENCOUNTER THE WORD MEN'S BIBLE STUDY GROUP BEGINS AGAIN THIS FALL** The Men's Bible Study Group will reconvene on Wednesday mornings again from 6 am -7 am at the church beginning on September 18th. The sessions, which will be led by Fr. Sotiri, will focus on readings from The Acts of the Apostles this year. Please visit the website for the Fall schedule and/or contact David Rutkowski ([david.rutkowski55@yahoo.com](mailto:david.rutkowski55@yahoo.com)) for more information.

+ **STEWARDSHIP 2019:** Christian stewardship calls on us to realize that we are not owners of our time and talents. We are truly stewards, called to manage these gifts for a brief time, always responsible to the God Who entrusts them to us. It is often easy for us to give God and His Church a minimum of our time, talents and treasures, but by doing so God remains on the fringe of our lives. Stewardship aims to move God from the fringe to the center of our lives. As Christ says in Matthew 6:21, "Where your treasure is, there will your heart be also." If we place God first in our lives and invest our talents and treasures in Him, our heart will follow. If you haven't pledged for 2019, please take the time to consider how you can invest your time, talents, and treasures in service of God. You can pick up a pledge card in the pews or in the Narthex.