

### Resurrectional Apolytikion in the Grave Mode

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

### Apolytikion for Afterfeast of the Transfiguration in the Grave Mode

Thou wast transfigured on the mountain, O Christ our God, showing to Thy disciples Thy glory as each one could endure. Shine forth Thou on us, who are sinners all, Thy light ever-unending, through the prayers of the Theotokos. Light-bestower, glory be to Thee.

### Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### Seasonal Kontakion in the Grave Mode

You were transfigured upon the mount, O Christ our God, and Your disciples, in so far as they could bear, beheld Your glory. Thus, when they see You crucified, they may understand Your voluntary passion, and proclaim to the world that You are truly the effulgence of the Father.

### The Reading is from St. Paul's First Letter to the Corinthians 1:10-17

Brethren, I appeal to you by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

### The Gospel of Matthew 14:14-22

At that time, Jesus saw a great throng; and He had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to heaven, and blessed, and broke and gave the loaves to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then he made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.



+ OUT OF RESPECT FOR THE ICONS PRINTED ON THE BULLETIN, PLEASE RECYCLE RATHER THAN DISCARD IN THE GARBAGE +

## Ascension of Our Lord Greek Orthodox Church



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## WEEKLY PARISH BULLETIN August 11 - 18, 2019

Welcome To Our Visitors

**WELCOME TO THE ASCENSION PARISH.** Your presence has brought us much joy. We hope your visit is memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

## Spiritual Reflection

*"In the midst of the summer heat, and the confusion and turmoil of our times, comes the 'Pascha' of the Mother of God to cool us, to calm us, to bring us to our senses, to cheer us up."*

*Anonymous*

## Weekly Calendar

<b>Sunday</b> 8:15 a.m. 9:30 a.m.	<b>August 11</b> <b>8<sup>th</sup> Sunday of Matthew</b> Orthros Divine Liturgy Coffee Fellowship
<b>Monday</b> 7 p.m.	<b>August 12</b> Small Paraklesis
<b>Tuesday</b> 10 a.m. 7 p.m.	<b>August 13</b> Clergy Syndesmos Small Paraklesis
<b>Wednesday</b> 7 p.m.	<b>August 14</b> Great Vespers @ Assumption Churches in Chicago, Homer Glen, Hegewisch & Racine, WI
<b>Thursday</b> 8 a.m. 9 a.m.	<b>August 15</b> <b>Falling Asleep of the Theotokos</b> Orthros Divine Liturgy
<b>Saturday</b> 5 p.m.	<b>August 17</b> Vespers
<b>Sunday</b> 8:15 a.m. 9:30 a.m. 11 a.m.	<b>August 18</b> <b>9<sup>th</sup> Sunday of Matthew</b> Orthros Divine Liturgy SCS Teachers' Meeting

## Our Sunday Volunteers

**Prosphora:** Sofie Beris & Sofia Caronis  
**Epistle Reader:** Tom Kiriakos  
**Greeters:** Debbie & Demetri Katsulis  
**Ushers:** Doug Hugdahl (UIC), Carol Stamas, Tom Papastefan, Bill Athenson, Andrea Rogers, Steve Sintetas, Tom Kiriakos

## Prayer Requests for Health

**PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Eleni, George, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Dee, Helen, Sophia, Connie, Fred, Katerini, James, Theresa, Peter, Anna, Ignacio, Alexander, Anthony, Matina, Panagiotis, Evangelos, Paraschos, Stefanos, Chris

## Announcements

+ **SIGN UP TO PLAY IN THE 2019 ASCENSION GOLF OUTING!** The Koinonia Men's Ministry will be hosting the 20th Anniversary Ascension Golf Outing and Family Dinner on Thursday, September 19<sup>th</sup>, at the Chevy Chase Golf Course. Please plan to join us for this great day of fellowship and help make our 20th Anniversary Golf Outing a success! Several new sponsorship opportunities are available this year. The net proceeds of this year's event will go to help fund a classroom in our new building. Please register and pay directly on the Koinonia's Men's Ministry Golf web page on Ascension's website; or visit the Koinonia Golf Outing Table during coffee fellowship today!

+ **ASCENSION'S SUNDAY CHURCH SCHOOL REGISTRATION HAS OPENED!** The summer is flying by, and it's already time to prepare for the 2019-2020 Sunday Church School year. The 1<sup>st</sup> day of class is Sunday, Sept 8<sup>th</sup>. Registration is OPEN and we encourage you to visit our website and register online as soon as possible to secure enrollment so we can adequately prepare for classes prior to the first day. Please contact Katherine Schreiber, Sunday Church School Director, (email: katherineschreiber6@gmail.com) or the Church Office with any questions. Thank you!

+ **SUNDAY CHURCH SCHOOL OPPORTUNITY:** We are preparing for our 2019-2020 Sunday Church School year and are looking for teachers and assistants. Please contact Father Sotiri or Katherine Schreiber if you're interested in helping our Ministry. As St. Paisios taught: "When your children are still small, you have to help them understand what is good. That is the deepest meaning of life."

+ **REGISTRATION NOW OPEN FOR ASCENSION'S YOUTH AND ADULT GREEK SCHOOL PROGRAMS** Visit the Greek School webpage on our website for more information and to register for the 2019/20 Greek School program. Registration will take place online this year. (Hard copies of the registration forms are also available in the church office.) The series of books we use are accompanied by audio-visual material that helps our students practice and learn in a more enjoyable way at both school and home. Starting this year our upper level students will receive practice for the Ellinomatheia exams. Informational open houses will take place for both the Youth and Adult Greek School in the beginning of September (dates are posted on the Greek School webpage). We encourage you to register as soon as possible to secure enrollment so we can adequately prepare for classes prior to the first day. Payment details are set forth in the registration material. For more information, visit the website or call the church office. Thank you.

+ **THE 10<sup>th</sup> ANNUAL PICNIC FOR SENIOR SYNAXIS MEMBERS** will take place on Thursday, August 22<sup>nd</sup> from 12 – 4 p.m. at Childerly Park in Wheeling. Please RSVP *by this Friday*, August 16<sup>th</sup> to Elaine Beck and call Elaine if you have any questions - 847.367.5227.

+ **SAVE THE DATE: ASCENSION'S ANNUAL FAMILY PICNIC** will take place on Sunday, September 8<sup>th</sup>, immediately following Liturgy! This picnic will again take place on the grounds of Banner Camp, just north of the Church. Don't miss this wonderful way to kick off the new Ecclesiastical Year with parish family & friends, while enjoying the delicious menu served by our hosts, the Koinonia Men's Ministry.

+ **ENCOUNTER THE WORD MEN'S BIBLE STUDY GROUP BEGINS AGAIN THIS FALL** The Men's Bible Study Group will reconvene on Wednesday mornings again from 6 am -7 am at the church beginning on September 18<sup>th</sup>. The sessions, which will be led by Fr. Sotiri, will focus on readings from The Acts of the Apostles this year. Please visit the website for the Fall schedule and/or contact David Rutkowski (david.rutkowski55@yahoo.com) for more information.

+ **SAVE THE DATES OF AUGUST 30 - SEPTEMBER 1<sup>st</sup> FOR THE FAMILY SYNAXIS LABOR DAY WEEKEND RETREAT** which will take place at St. Iakovos Retreat Center. This year's theme is "Spiritual Athleticism in Family Life" and will feature retreat leader Fr. Joisah Trenham of St. Andrew Orthodox Church in Riverside, California. Fr. Joisah is a priest, father of 10 children, author, podcaster, and engaging speaker dedicated to teaching the inspired theology of the Church Fathers. Registration just opened on July 10 and accommodations will be given on a first-come, first-served basis. The reduced registration cost expires this Wednesday, August 14<sup>th</sup>. 8/21 is the last day to register. For more information, visit [www.gocfamilysynaxis.org](http://www.gocfamilysynaxis.org)

+ **UPCOMING GREEK FESTIVALS:** Support our local Metropolis Churches and celebrate summer Greek-style!  
August 16 – 18: SS Constantine & Helen, Palos Hills | September 6 – 8: All Saints, Joliet

+ **THE FAST OF THEOTOKOS** began on Wednesday, August 1<sup>st</sup> and ends with the Feast of the Dormition this Thursday, August 15<sup>th</sup>. The first 15 days of August (Thekaptavgusto) gives us an opportunity to fortify our prayer life and also offer prayers for the health of our loved ones. Prayer request forms for the Paraklesis services are located in the Narthex. Please join us for these beautiful services.

+ **STEWARDSHIP 2019:** Christian stewardship calls on us to realize that we are not owners of our time and talents. We are truly stewards, called to manage these gifts for a brief time, always responsible to the God Who entrusts them to us. It is often easy for us to give God and His Church a minimum of our time, talents and treasures, but by doing so God remains on the fringe of our lives. Stewardship aims to move God from the fringe to the center of our lives. As Christ says in Matthew 6:21, "Where your treasure is, there will your heart be also." If we place God first in our lives and invest our talents and treasures in Him, our heart will follow. If you haven't pledged for 2019, please take the time to consider how you can invest your time, talents, and treasures in service of God. You can pick up a pledge card in the pews or in the Narthex.

+ **THE METROPOLIS OF CHICAGO PHILOPTOCHOS** is honored to be hosting the biennial Children's Medical Fund Luncheon taking place on Saturday, November 16, 2019 at the Chicago Marriott Hotel. Please join us at this worthwhile event in support of children in need. For more information, contact Carol Stamas at [cestamas@comcast.net](mailto:cestamas@comcast.net).